

# COST OF LIVING CRISIS SUPPORT SERVICES DIRECTORY

Policy adopted by the Governing Body of The Wordsley School	
Date adopted by the Governing Body	
Signed by the Chair of Governors	

## COST OF LIVING SUPPORT SERVICES DIRECTORY

#### CHILDCARE & FAMILY SERVICES

Organisation	Contact Details	Description
Paying for Childcare	Universal Credit: Eligibility – <u>gov.uk</u>	If you are eligble for Universal Credit you may be able to claim back up to 85% of your childcare costs
Free School Meals		You may be able to claim benefits related to Free School Meals for your child if you meet the Government's eligibility criteria and your child is a full-time pupil at a school in the Dudley area
Childcare Choices	Childcare Choices   30 Hours Free Childcare, Tax-Free Childcare and More   Help with Costs   GOV.UK	Offering information about funding for childcare
Healthy Start Get help to buy food and milk (Healthy Start)	<u>Get help to buy food</u> and milk (Healthy <u>Start)</u>	If you are more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk If you are eligible, you will be sent a Healthy Start card with money on it that you can use in some UK shops

### **ENERGY BILLS SUPPORT**

Organisation	Contact Details	Description
	winterwarmth@dudley.gov.uk	Support in a crisis if you can
Dudley	01384 817086	not afford your energy costs Help if your heating breaks down
Metropolitan Borough Council		Support with fuel debts, grants and payment plans Help with energy bill
		support, discounts and grants
		Advice understanding costs and tariffs
British Gas Energy Trust	Britishgasenergytrust.	Help with rising bills and
Pritich Care	org.uk/bounce-back-checklist	where to gain local advice
British Gas Energy Trust		
Severn Trent	Home - Severn Trent Trust	Unable to meet the cost of
Trust Fund	<u>Fund : Severn Trent Trust Fund</u> (sttf.org.uk)	water charges and who live in the Severn Trent area can
		apply for help – apply on line
	Winter Warmth   Dudley	Dudley Council for Voluntary
	<u>Council</u>	Service (DCVS) are working in partnership with Dudley
Dudlou		MBC with venues across the
Dudley		borough with support from the Council – launched
Metropolitan Borough Council 🚽		Warm Welcomes – network
		of 50 warm spaces to
		frequent to keep energy costs down at home
	Help for Households - Get	Advice on energy saving tips
	government cost of living	Energy bills
GOV.UK Help for Households	<u>support</u>	Household costs
		Childcare costs
		Income support Transport
		'

'Energy Bills Support Scheme' - Households to start receiving £400 off their energy bills from October 2022 – March 2023, with the discount made in 6 instalments to help families throughout the winter period

If you were born before 26<sup>th</sup> September 1956 you could get between £250 and £650 to help you pay your heating bills. This is known as a "Winter Fuel Payment". The amount you get includes a 'Pensioner Cost of Living Payment'. This is between £150 - £300. You will get this extra amount in both winter 2022 to 2023 and winter 2023 to 2024. This is in addition to any other Cost of Living Payments you get with your benefit or tax credits.

Some households will also receive a £650 cost of living payment. To be eligible, you must be receiving Universal Credit, Tax Credits, Pension Credit and other means tested benefits.

#### **FINANCIAL**

Organisation	Contact Details	Description
The Money Advice Service	0800 138 7777	Guidance and help in managing money, bank accounts, wills / estates and money saving tips
Castle & Crystal Credit Union	01384 815771 25 New Street, DUDLEY, West Midlands DY1 1LT	
Dudley Area Directory	01384 812965 <u>www.dudley.gov.uk</u>	Dudley Directory, where you can find all the information and advice you need about Dudley, from business information to healthcare services in and around the Dudley area
GOV.UK	Discounts and offers - Help for Households	See what offers are available from businesses to help with the cost of living

### FOOD SERVICES

Organisation	Contact Details	Description
Full Time Meals	Marcus Rashford Full Time Meals <u>Endchildfoodpoverty.org/full-</u> <u>timemeals</u>	Quick and easy recipes – budget friendly
Black Country Foodbank	01384 671250 admin@blackcountry foodbank.org.uk	Black Country Foodbank helps vulnerable individuals and families in crisis through the provision of 3 days emergency food supplies while a long-term solution is developed. The services we provide have an enormous impact on the people who use them, giving them an important breathing space at a time of great need
THE GIVING HANDS MISSION	01384 731876 info@givinghands mission.org.uk;	Food and Clothes Bank
Dudley Metropolitan Borough Council	Food Support and Waste Reduction   Dudley Council	Support groups with advice and assistance for people managing their food needs on a tight budget

### **HOUSING & HOMELESSNESS**

Organisation	Contact Details	Description
Dudley Metropolitan Borough Council	Homelessness Prevention Team 0300 555 2345	We try to prevent homelessness wherever possible so we offer advice and support about housing options to those that are homeless, those who may be at risk of losing their home, have
	01902 932170	other urgent housing needs, or who simply want to know more about the options that are available to them
citizens advice Wolverhampton	Mon – Fri 9.30 am – 4.30 pm housing@wolverhampton <u>citizensadvice.com</u>	Advice on renting from your local council, housing association or private landlord. Homelessness, risk of harm at home and mortgage problems Face to Face – Citizens Advice will assess the need for face to face support as part of their referral process
SHELTER	0808 800 4444	Advice if you are – Homeless Have no where to sleep Are worried about losing your home Are at risk of harm at your home
YMCCA         Here for young people           Here for communities         Here for you	YMCA Black Country 0121 524 1950 https://www.ymcabc.org.uk YMCA Wolverhampton 01902 371550 Email: admin@ymca- wolverhampton.co.uk	Providing accommodation for young people who may have been forced out of the family home or onto the streets

#### **MENTAL HEALTH SUPPORT**

Organisation	Contact Details	Description
	01922 607000 bchft.communications@	Across the borough we provide psychological therapy services for people experiencing
Black Country Healthcare NHS Foundation Trust	<u>nhs.net</u>	common mental health problems such as low mood, anxiety, stress and depression
SAMARITANS	116 123 jo@samaritans.org	From any phone for free, confidential, anonymous support service
Mental Health & Money Advice	Mental health and money : Mental Health & Money Advice (mentalhealthandmoney advice.org)	Clear, practical advice and support for people experiencing issues with mental health and money
Dudley Metropolitan Borough Council	<u>Mental Health and</u> <u>Wellbeing   Dudley</u> <u>Council</u>	Sanctuary Hubs – Dudley DY1 Community Centre Stafford Street Dudley DY1 1SA
		Face to face support is also available outside of usual mental health service hours. Each of the Black Country boroughs have a Sanctuary Hub





#### Citizen Advice Cost of Living Support Hubs – Dudley launch 30<sup>th</sup> January 2023

Citizen Advice Dudley and Wolverhampton in conjunction with Dudley Empowerment Partnership supported by DMBC Public Health and the NHS Black Country ICB are opening 4 Cost of Living Support Hubs starting 30<sup>th</sup> January 2023 which will be running for 12 months.

The Hubs will provide support to any Dudley resident who needs help, offering immediate poverty relieving support and information on how to save money and make money stretch further, along with practical help relating to access to food, fuel, available grants and funds based on qualifying criteria.

The Hubs will start opening across the borough on  $30^{th}$  January 2023 with a phased approach (opening hours to the public area 9.30 am - 3.30 pm

#### Monday

Provision House, 80 – 81 High Street, Dudley, DY1 1PY as of 30<sup>th</sup> January 2023

Tuesday

Christ Church, The Vicarage, High Street, Stourbridge, DY9 8LF as of end of February 2023

Wednesday

Halesowen Library, Hagley Mall, Cornbow Centre, Halesowen, DY5 3DA

as of end of February 2023

Thursday

Brierley Hill Methodist Church, 24 Bank Street, Brierley Hill, DY5 3DA

as of 30<sup>th</sup> January 2023

Friday

Provision House, 80 – 81 High Street, Dudley, DY1 1PY as of 30<sup>th</sup> January 2023

For more information visit the website www.citizensadvicedudley.org