

# Year 11 Assembly - Revision Tips - 7/11/22

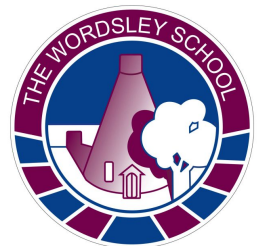
## Aims

- Share strategies that you can use to be successful in your studies and assessments.
- Offer tips on how to support your well-being.
- Signpost you to where to find key information that will help you.

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# Open Study Sessions

What are they?

- **A quiet space**
- **Independent study**

When and where do they take place?

- **CS1 every Tuesday, Wednesday, Thursday**
- **Start on Tuesday 20th September**
- **From 3:05 pm until 4:05 pm**

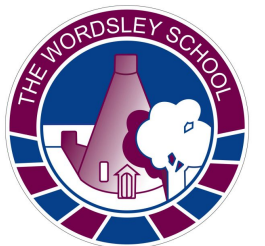
Who will run them?

- **A range of teachers**

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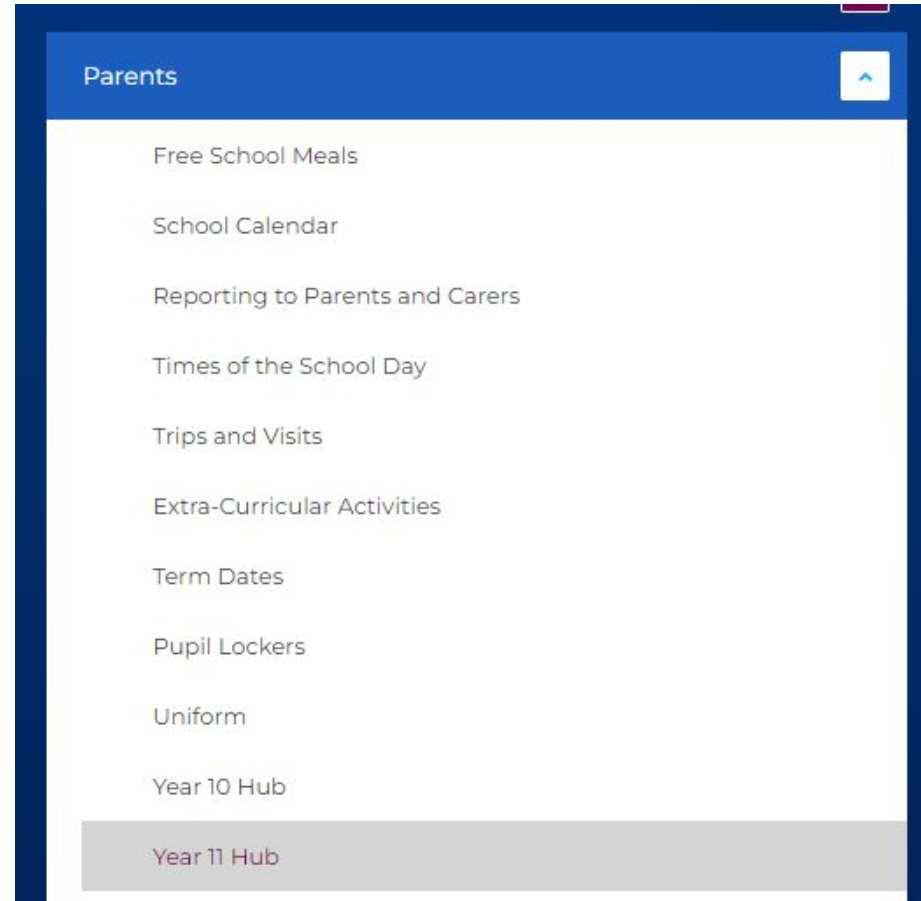
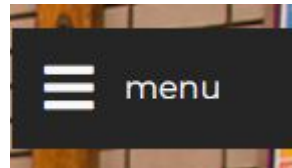
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# Year 11 Hub

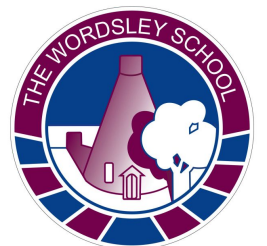
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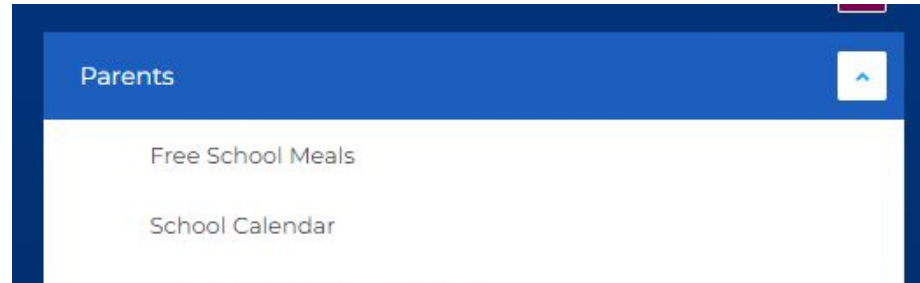
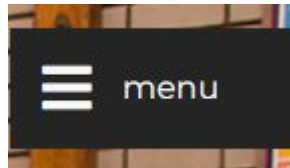
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# Year 11 Hub

<https://www.wordsleyschool.co.uk>



Year 11 Revision Websites

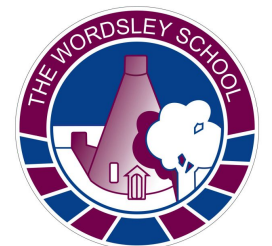


Exam boards and specifications

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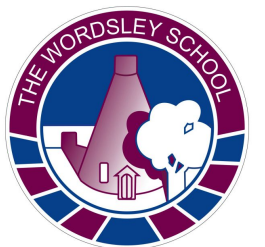
# Revision Guides

- Provided free of charge for every subject
- On order, will be issued asap

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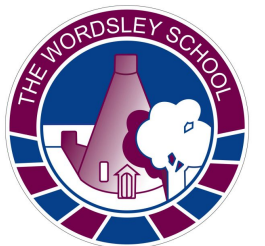
# Study Packs

- Provided free of charge for every subject
- On order, will be issued asap

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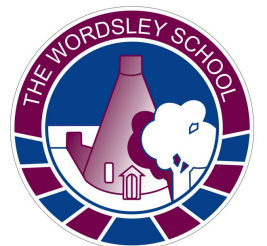
# Upcoming key dates

Date	Event
21st November	Mock exams begin
18th January	Report 1 sent out
19th January	Parents' Evening - progress
13th February	In class assessment week begins
16th February	Parents' Evening - Intervention (for selected pupils)
15th March	Report 2 sent out
29th March	Parents' Evening - GCSE Information Evening

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# Revision Tips

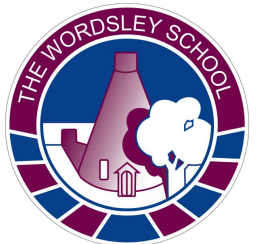
This session will:

- Help you to **prioritise** your revision
- Provide you with **ways to revise**

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# 1. Self Evaluation

Before you begin to create your revision timetable, you need to identify which subjects you feel most confident in.

- 1. RAG rate** your subjects.
- 2. Identify topics** within subjects that are proving difficult.
- 3. Rank your subjects** in order of confidence - this will help you prioritise your time.

# 1. Self Evaluation

## Self Evaluation

Evaluate your subject knowledge

Subject	Red <small>(Low - In need of urgent attention)</small>	Amber <small>(Moderate - Struggling in some areas)</small>	Green <small>(Good – I feel secure in all parts of this subject)</small>	Areas that need attention within that subject	Rank in order of priority
English Language					

# 3. Revision Tips

**Tip 1** - Start revising early i.e. months, not days before the exam. Make a timetable to plan your revision and stick to it.

**Tip 2** - Don't spend ages making your notes look pretty — this is just wasting time. For diagrams, include all the details you need to learn, but don't try to produce a work of art. Limit yourself to 2 or 3 colours so you don't get carried away colouring things in.

**Tip 3** - Take short breaks every hour, not every 10 minutes.

**Tip 4** – Test yourself as much as you can. Make revision cards and test yourself or get someone else to test you.

**Tip 5** – On a weekend, start revising early i.e. 9am — that way you'll get your day's work done much quicker and will have time to relax in the evening.

# 3. Revision Tips

**Tip 6** - Stick revision notes all around your house so in the exam you think — "aha, quadratic equations, they were on the fridge..."

**Tip 7** - Get yourself drinks and snacks so you don't make excuses to stop every 10 minutes.

**Tip 8** - Find the right environment to revise. Sit at a proper desk and away from distractions. If you can't find this at home, use a public library or the school library.

**Tip 9** - Don't put it off! Procrastinating by rearranging stuff on your desk or getting a sudden urge after 16 years to tidy your room will not help you. Your exams are not going away, so sit down at your desk and GET ON WITH IT!

**Tip 10** - Don't just read your notes. Make revision active by doing something with the information you are revising, such as creating a mind map or revision card.

# 3. Revision Tips

**Tip 11** - Don't turn yourself into a revision zombie. If you stop doing anything else but revision you'll turn into a zombie. It's really important that you keep time to do things you enjoy... like cinema, shopping or sports. When you're doing these try to relax and totally forget about revision.

**Tip 12** - Do lots of practice exam papers. This is especially important as you get close to the exams!

**Tip 13** - Read the exam timetable properly, double-checking so that you don't miss an exam and have plenty of time to prepare for it.

**Tip 14** - Don't hang around with the nervous paranoid people on the morning of the exam — they'll just stress you out, which doesn't help at all.

# 4. Revision Structure

Longer  
Questions

Revise 40-30 Mins

Test 10-20 Mins

Rest 10-10 Mins

# 5. Revision Techniques

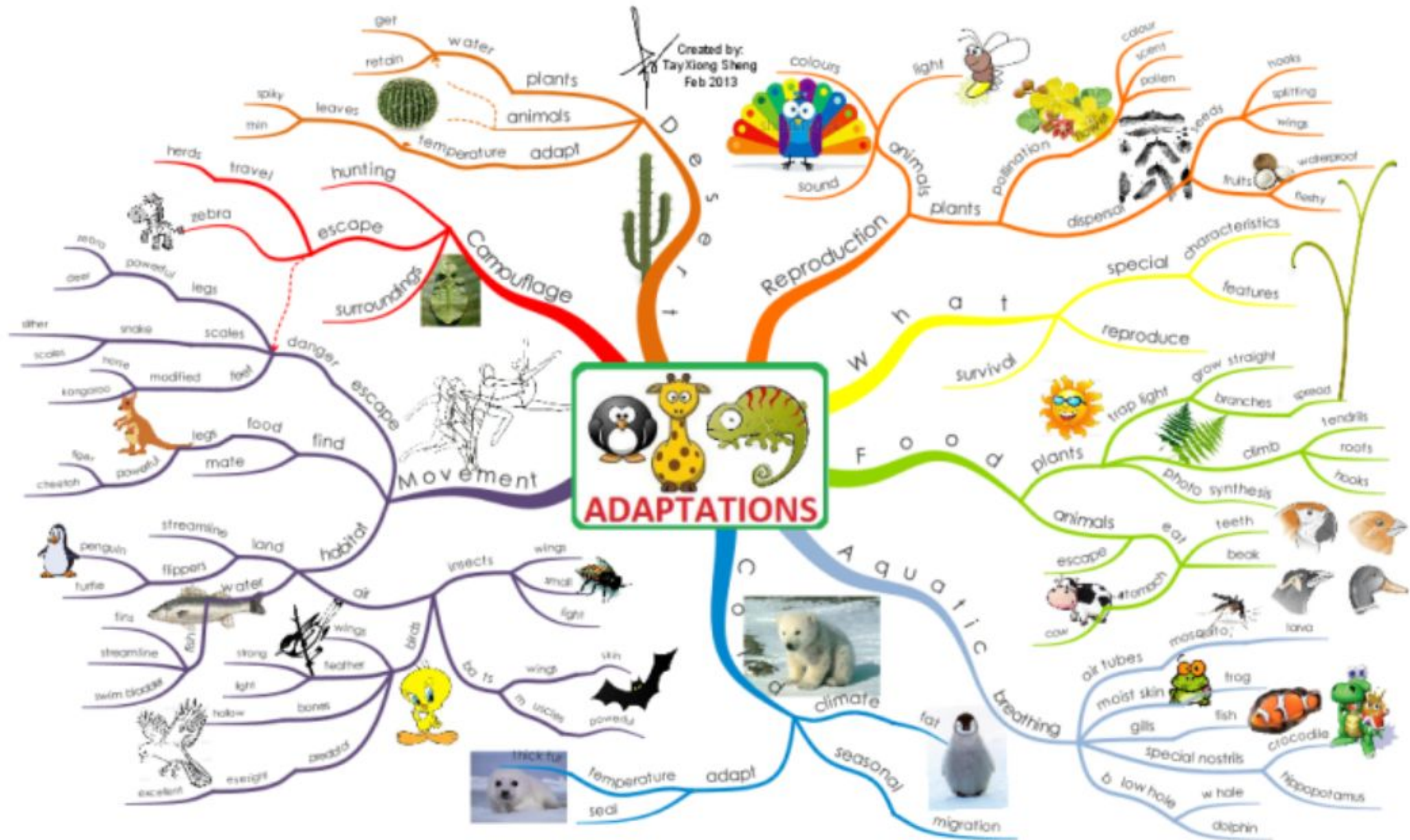
- Simply re-reading your notes is a very ineffective way to revise; you will retain less than 10% of the content.
- Making your revision active will increase the amount of information you can retain.
- The first step is using a mind map to check the gaps in your knowledge.



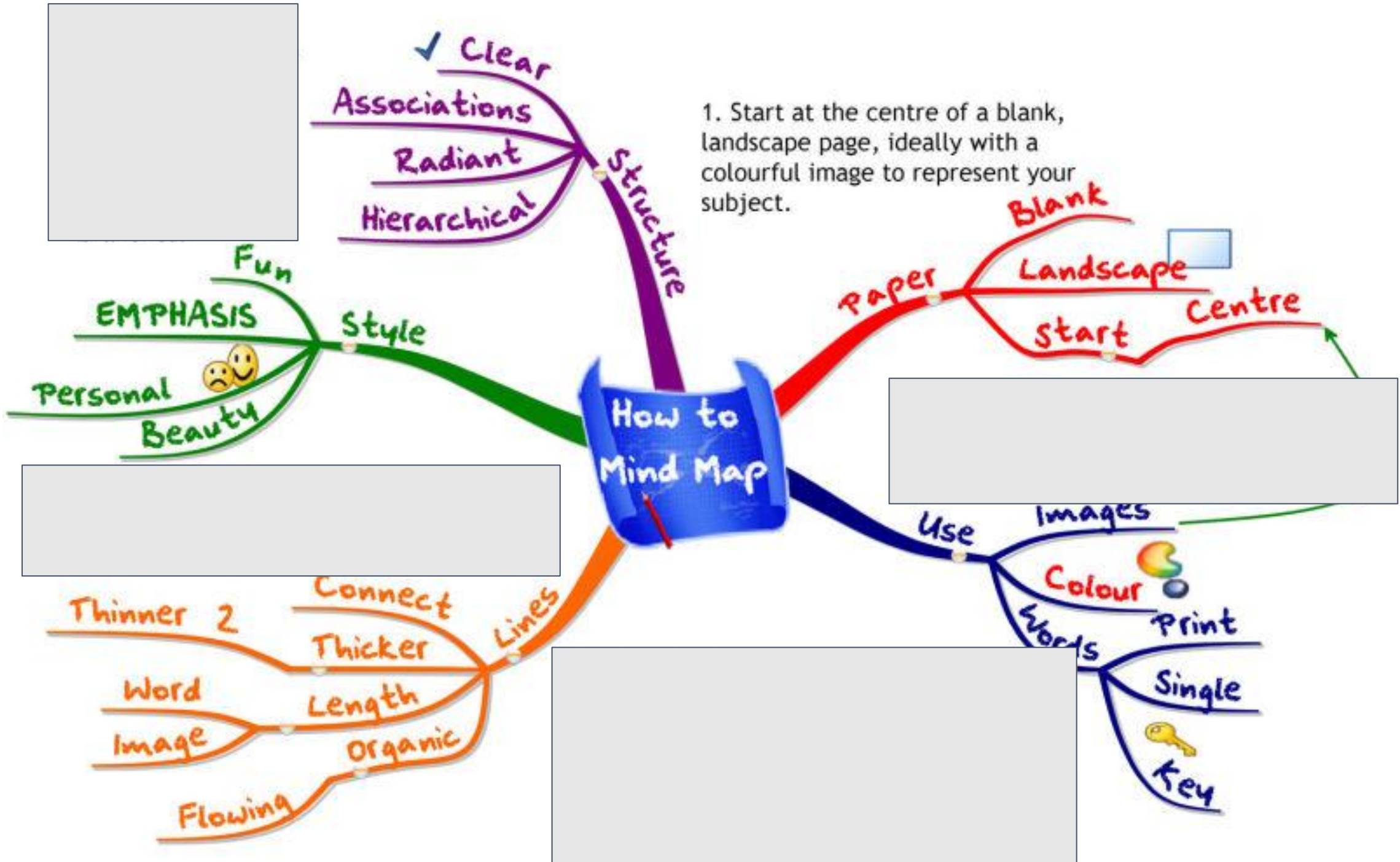


Created by:  
TayXiong Sheng  
Feb 2013

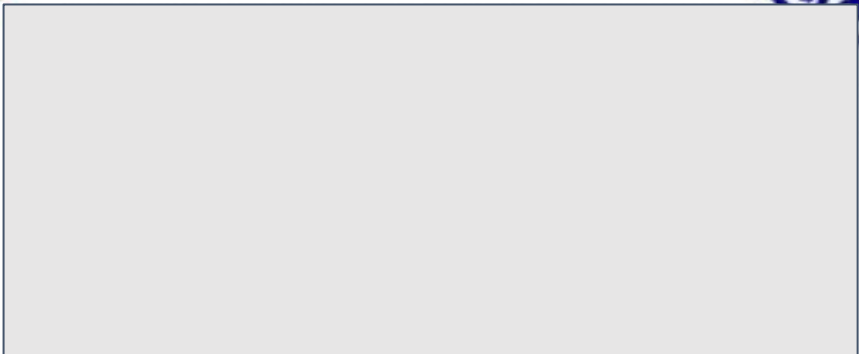
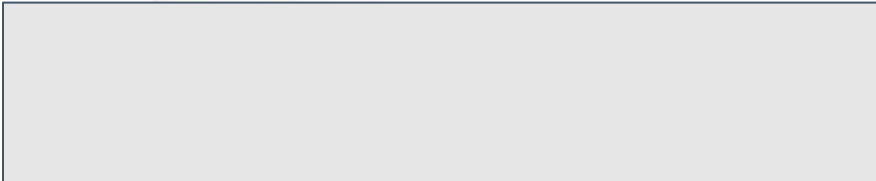
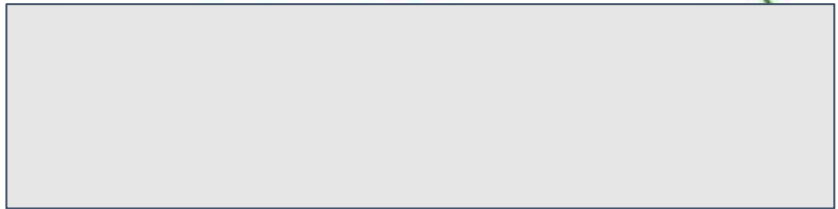
# ADAPTATIONS

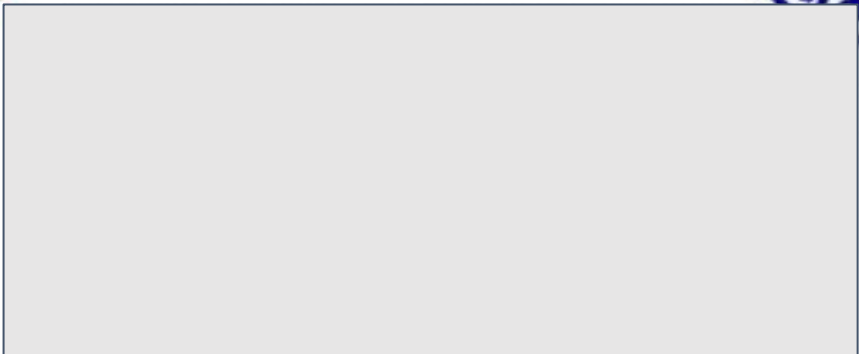
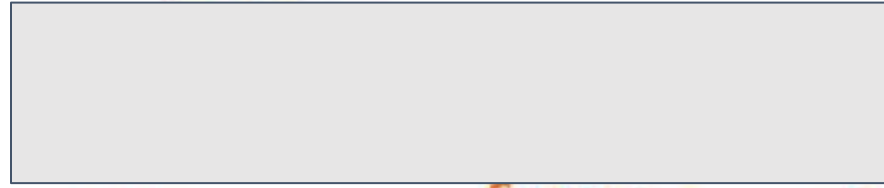
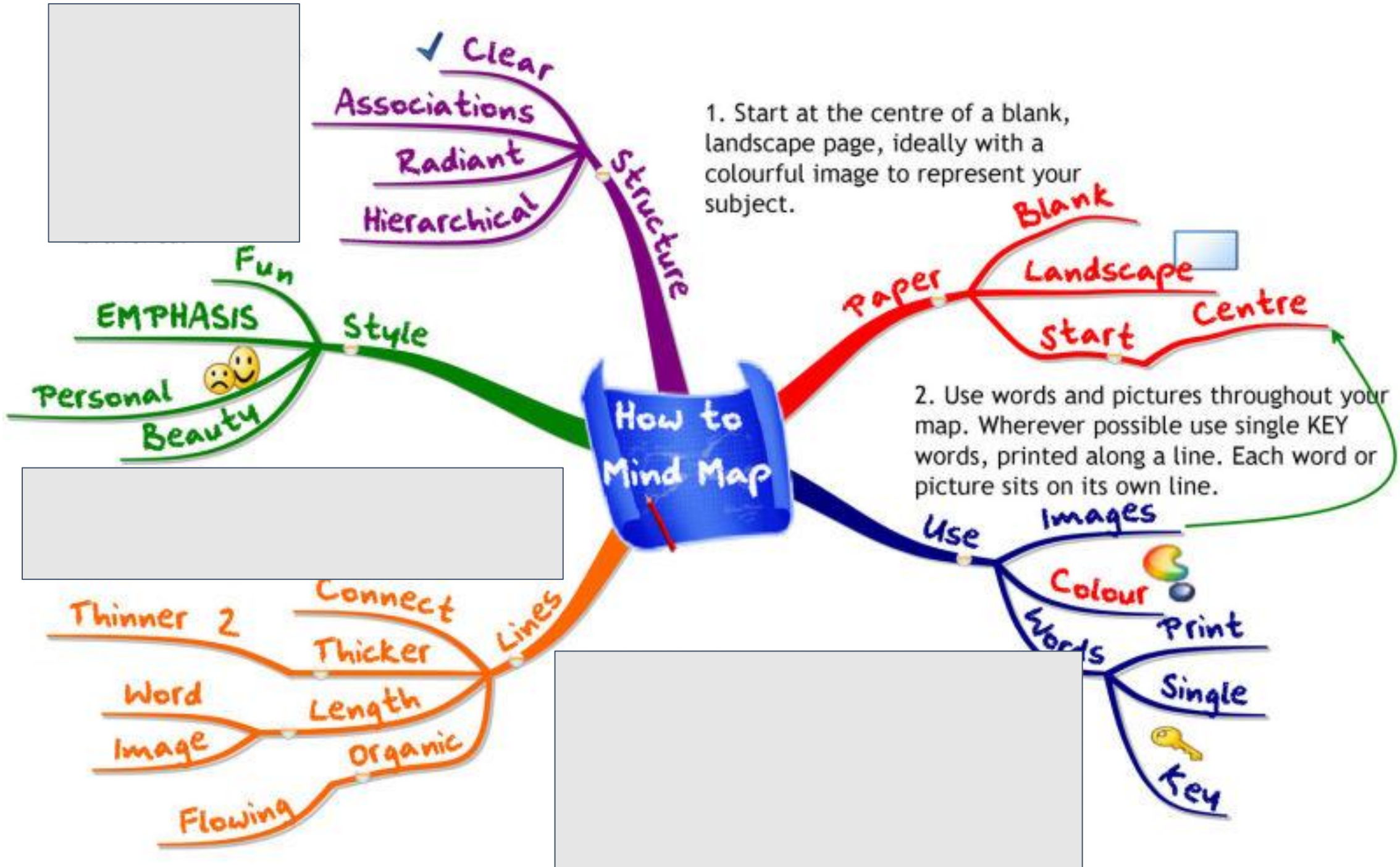




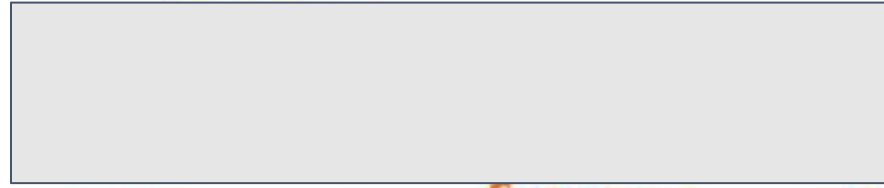
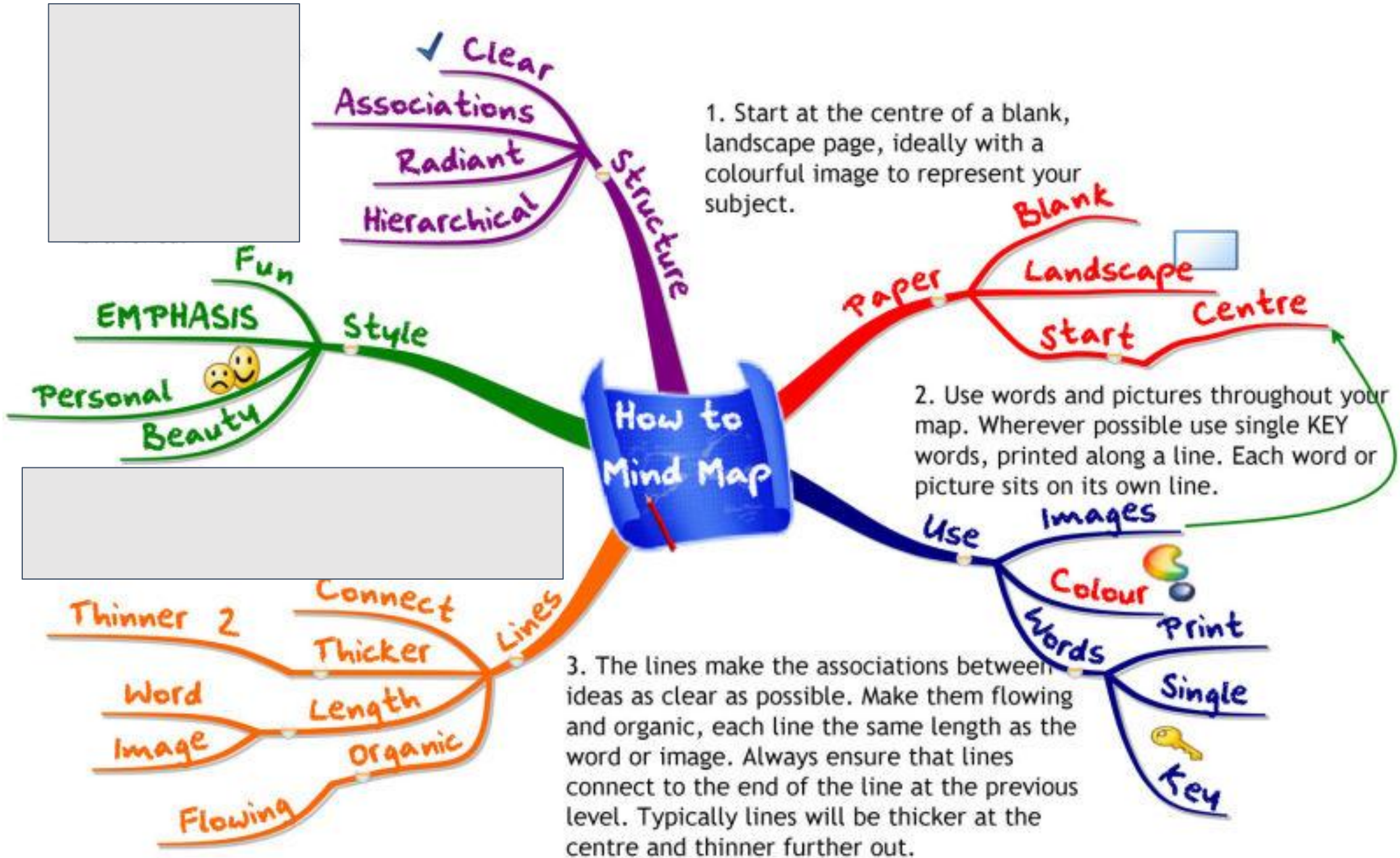


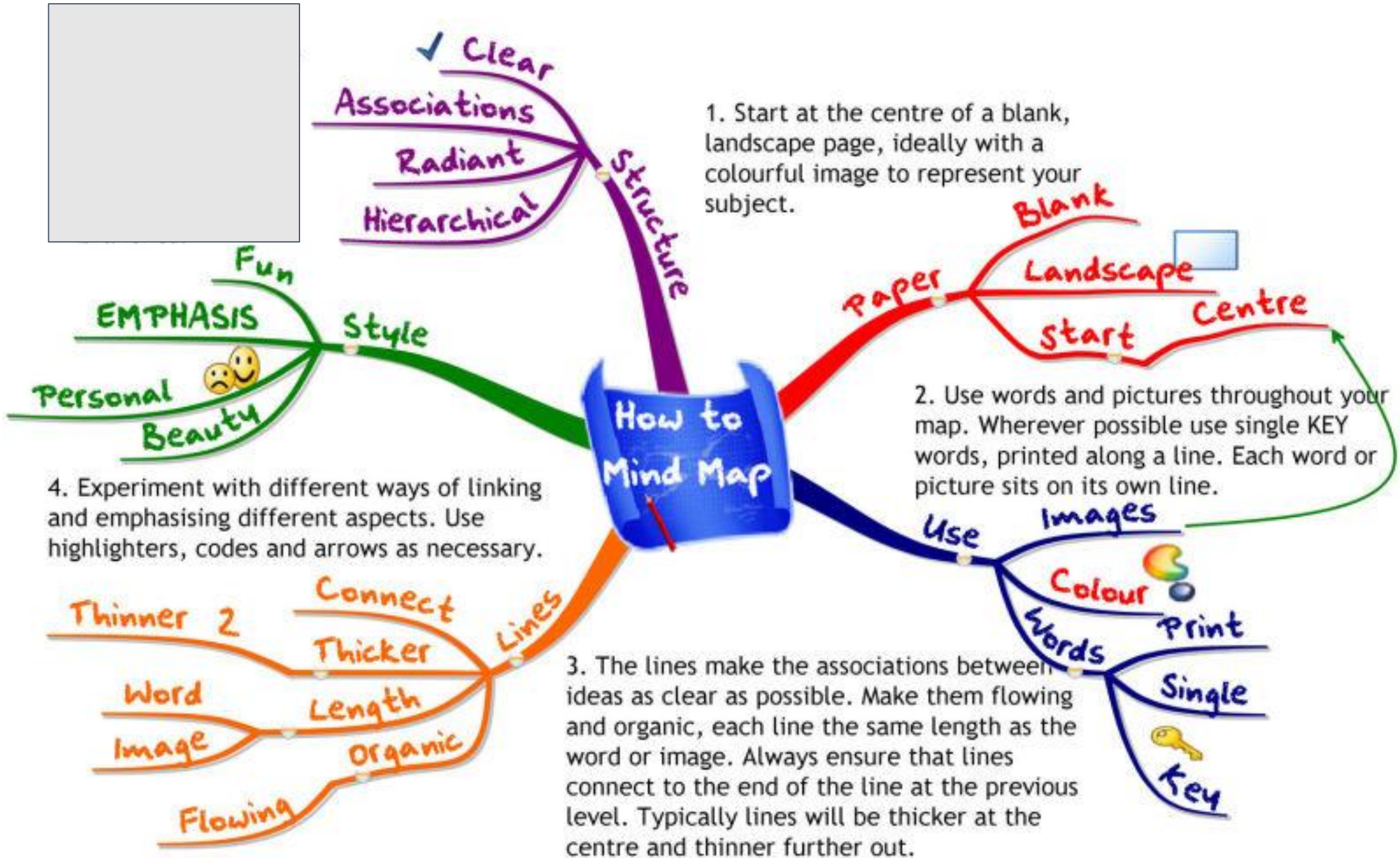
1. Start at the centre of a blank, landscape page, ideally with a colourful image to represent your subject.











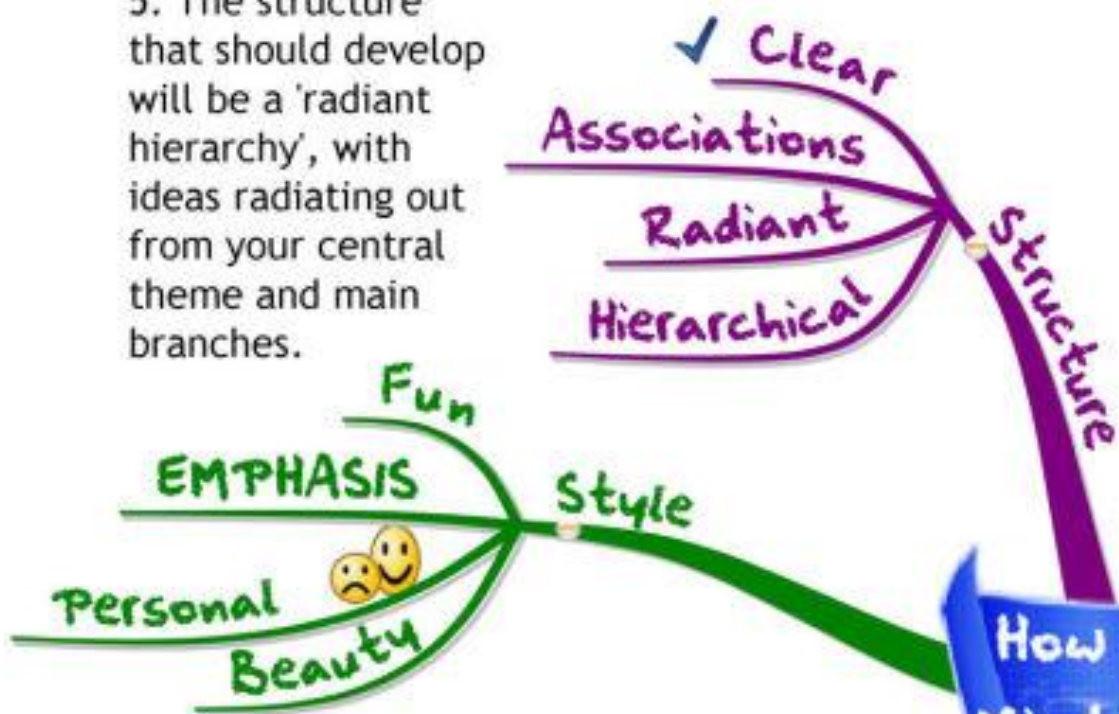
1. Start at the centre of a blank, landscape page, ideally with a colourful image to represent your subject.

2. Use words and pictures throughout your map. Wherever possible use single KEY words, printed along a line. Each word or picture sits on its own line.

3. The lines make the associations between ideas as clear as possible. Make them flowing and organic, each line the same length as the word or image. Always ensure that lines connect to the end of the line at the previous level. Typically lines will be thicker at the centre and thinner further out.



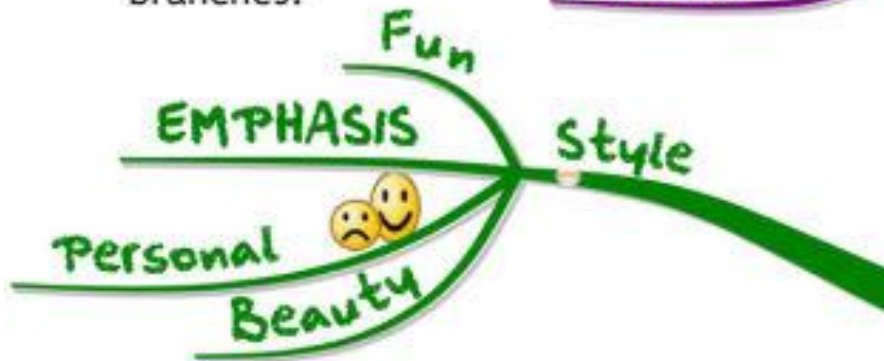
5. The structure that should develop will be a 'radiant hierarchy', with ideas radiating out from your central theme and main branches.



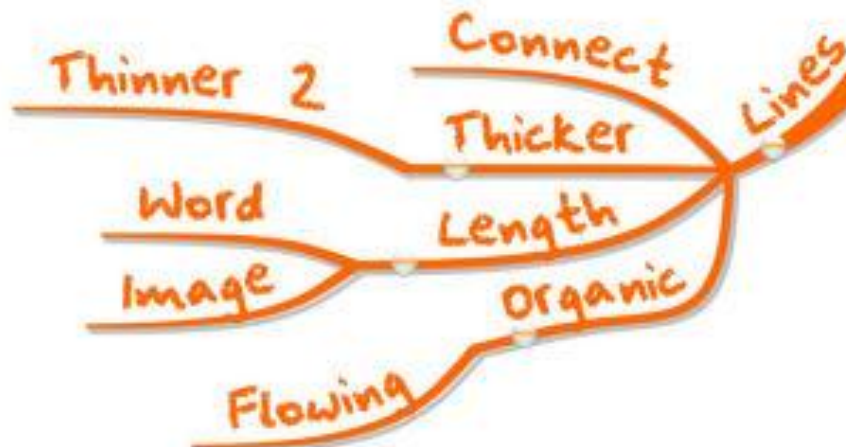
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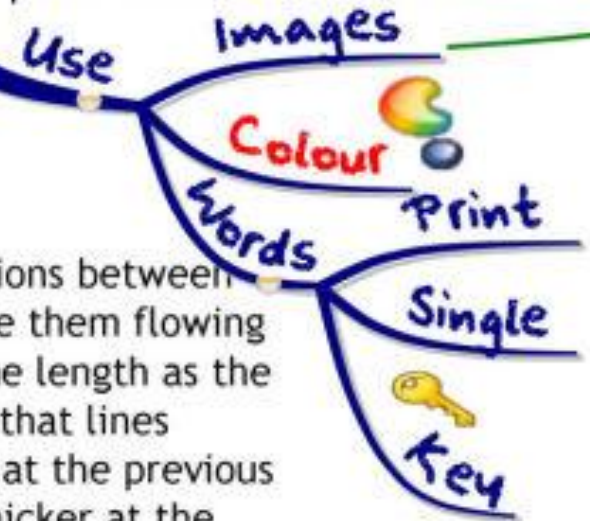
2. Use words and pictures throughout your map. Wherever possible use single KEY words, printed along a line. Each word or picture sits on its own line.



4. Experiment with different ways of linking and emphasising different aspects. Use highlighters, codes and arrows as necessary.



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# 7. Managing Stress and Anxiety

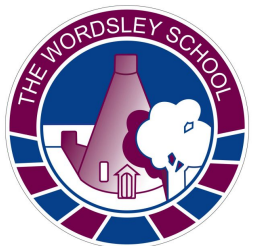
This session will:

- Provide you with ways to **manage stress and anxiety**

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# Managing Stress and Anxiety



**Every single one of us gets stressed  
and anxious!**

# Managing Stress and Anxiety

**Recognising stress**



# Managing Stress and Anxiety

- Difficulty getting to sleep
- Constant tiredness
- Forgetfulness
- Unexplained aches and pains
- Poor appetite
- Loss of interest in activities
- Increased anxiety and irritability
- Increased heart rate
- Migraines/headaches
- Blurred vision
- Dizziness

**Recognising stress**

# Managing Stress and Anxiety

## Tips

- Learn to **recognise** when you feel stressed.
- A **break** or a **chat** with someone who knows the pressure you're under will get things into perspective.
- **Avoid comparing** your abilities with your mates.
- **Eat right** - have a proper breakfast. Fuel your brain as well as your body - no one can think straight on coffee and chocolate.
- **Sleep well.** Wind down before bed.
- **Exercise.** Physical activity is a great stress buster!